

Start on the INSIDE of the FIRST signature.

Go out the first hole.

Go around the OUTSIDE edge of the front cover and back UP through the cover.

Re-enter the same hole on the signature and tie off the end with a square knot.

Then continue on to the next hole going out and going around the OUTSIDE edge of the front cover and back UP through the cover and then on to the next hole and repeat.

When you reach the other end of the front cover.

Go around the OUTSIDE edge of the front cover and back UP through the cover. (BUT DO NOT GO BACK INTO THE HOLE)

Add your next signature on.

Continue up to the next signature.

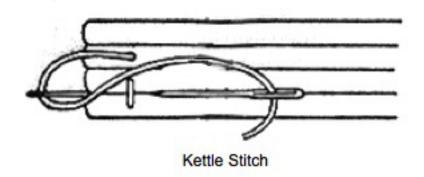
As you come out of the next signature,

GO DOWN and INSERT the needle between the cover and the signature and do a KETTLE STITCH, and then back UP and re-enter the same hole.

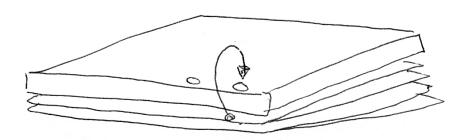
Continue this pattern, as you move along each signature.

(Going down and doing a kettle stitch by inserting your needle between the signature your currently sewing and the previous one.)

Continue until you've sewn all your signatures.

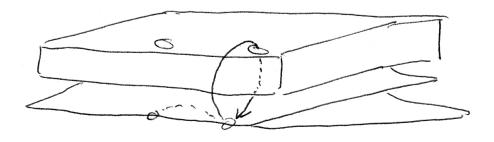


After you've finished your last signature, add a KETTLE STITCH to tie off the end.



Then add the back cover.

Come out of the last signature and go around the OUTSIDE edge of the back cover and back DOWN through the cover.



Re-enter the hole and move down to the next hole and repeat.

You will be going inside the last signature a second time. So you will have TWO threads running from hole to hole.

When you reach the final hole, go around the cover, But DO NOT go back into the hole.

Instead, finish off with a couple of KETTLE STITCHES to tie off the end.